

In Hospital

Kooweerup Regional Health Service (KRHS) provides hospital care close to home through our inpatient beds. Patients are admitted under their GP care and supervision with a range of health conditions.

Our team is made up of nursing and allied health professionals

Our aim is to help you to achieve the best possible health outcome.

Transitional Care Program (TCP)

For some older people, going home after a hospital stay can seem daunting.

To make it easier, our program eases the transition and ensures you are ready and able to return home. We provide case management, low-intensity therapy and personal support, to complete your restorative process.

National Respite Carer Program: Carers relief so they can have a break of up to 2 weeks at a time.

Emergency Respite: 24 hours including weekends

Respite Services: Provided for people with a disability, frail age, palliative care and challenging behaviours.

Residential Care

If you or a loved one feel that the care required is greater than can be provided at home, you can move into a care facility knowing that your needs will be well looked after at the Kooweerup Regional Health Service.

The Westernport Unit: Provides medical and nursing services in a safe, secure and comfortable environment, while providing a high level of care and support.

Killara: Provides secure, private accommodation for singles and couples who continue to enjoy an independent lifestyle, knowing that quality care is close by.

Bass Unit: A secure dementia area of Killara. We provide a very high level of care for residents who suffer from dementia.

Aged Care Respite: Short term accommodation in the aged care area for a temporary break away from home.

Kooweerup Regional Health Service (KRHS) is a public hospital, committed to providing high quality health services to the community.

KRHS is a member of the International Hospitals Health Promoting Network and Global Green and Healthy Hospitals. We have adopted a philosophy of environmental sustainability to reduce our ecological footprint and integrate consideration of the environment into all our decision making and activities.

KRHS acknowledges the Traditional Owners and Custodians of the Land – the Bunurong people and we pay our respects to them, their culture and their elders past, present and future.

KRHS is proudly inclusive and supports everyone's rights to feel respected, safe, welcomed and valued.

We continually update the services we provide and invite your feedback.



Kooweerup
REGIONAL HEALTH SERVICE

235 Rossiter Road
Koo Wee Rup Vic. 3981

phone: 5997 9679

email: info@krhs.net.au

website:

www.kooweeruphospital.net.au

Find us on 

Last Reviewed: August 2022



Welcome to Kooweerup Regional Health Service



Kooweerup
REGIONAL HEALTH SERVICE

Community Health Support

In Home Care: Provides a wide range of services to help you maintain a comfortable quality of life in your own home 7 days a week.

District Nursing Service provides home-based nursing care to support you to safely manage your health care needs every day of the year.

For more information please call 5997 9686

Physiotherapy: Assists people affected by injury, illness or a disability through assessment, diagnosis and treatment. They also provide mobility aids and exercise programs for movement and strength.

Diabetes Educator: A registered nurse who supports people with diabetes or at risk of diabetes.

Social Worker: is available for anyone seeking support for some of the challenges you face in life, ie: problems relating to family, aged care or drugs and alcohol.

Occupational Therapy helps people to have independent, productive and meaningful lives, utilising special aids and equipment, home assessment/modifications, mobility equipment (wheelchairs and scooters), stroke rehabilitation, stress/pain management and many more other mobility's.

Dietitian can provide you with professional advice and guidance on what to eat and drink, leading towards a healthy lifestyle or specific health-related goals.

For any of the above services please call 5997 9679 for an appointment

Our community services are funded from the Commonwealth Home Support Program, Department of Veterans Affairs and Victorian Governments Home And Community Care Young Persons Program and Post Acute Care.

Pathology Service: does a wide variety of tests as ordered by your doctor, ie: blood, urine, holter monitoring and ECG's. Open Monday to Friday 9.30am - 1.00pm. Saturdays 9.00am - 12 noon

We have visiting **Medical Service Specialists** for example to support you to manage your diabetes

Youth & Community

Youth Mentoring Program: In partnership with local schools, we assist young people to explore social interaction and educational pathways.

Youth Support: We offer a free, confidential service to all young people aged between 10 - 25 assisting them to access professional health care, information and taking an active role in their health.

L2P: Learner Driver Program helps young people to get their minimum 120hrs of driving experience needed for their licence. Volunteers support this program.

Koo Wee Rup Men's Shed: A place of creativity, teamwork and being part of the community, a place where men can come together and share their skills and experiences. The shed is open Monday to Saturday 9.00am to 3.30pm.

Koo Wee Rup Community Garden: A great way to get involved with the environment and your community. Open to the public every weekday between 8.00am and 4.00pm. Produce can be purchased through the Mens Shed.

For more information on any of the above programs please contact Brian on 5997 9687 Brian.Harlow@KRHS.net.au

Ready2Go Project provides an opportunity to support community members that need support during severe weather events. Contact Jenny (see below)

Volunteers are very welcome at KRHS as participation benefits both the community and volunteers.
Contact: Jenny 5997 9704 Jenny.Bayliss@KRHS.net.au



Children and Families

Early Parenting Unit (EPU) and Infant Feeding Clinic: Offers families of babies from birth to 12 months a non-judgemental education and support service.

Aim: Develop parenting skills and confidence. Reduce stress and anxiety. Enhance parents enjoyment. Develop sensitivity to the child's signals. A wellness model of care based on a holistic approach.

Enquiries: 5997 9679

Pilates Classes: Based on Pilates floor exercises, people of all ages are welcome, from beginners to more advanced. The classes run for 1 hour with a qualified instructor. Mondays 5.00pm and 6.00pm and Saturdays 9.00am. Located in the Hewitt Eco House Community Room. **Marlene 0429814410**

Strength Exercises and Group Fitness Classes are all available at KRHS, please call 5997 9756 for more information.

Computer Lessons: Learn basics for computer and mobile phone use. Bring along your device and we can help you learn the skills you need. Held in the Men's Shed, Tuesday morning's 9.30 - 11.30am

Contact Brian on 5997 9687 Brian.Harlow@KRHS.net.au

Walking Groups: Everyone is welcome. Monday and Thursday mornings 9-10am Meet at the clock towers. **Contact Dianne 0419405404 for more information**

Art for Adults: We invite artists and 'would be' artists to join this fun and friendly painting group. Mondays 10.30am - 12.30pm during school terms. Located in the Hewitt Eco House Community Room. **Contact Lea on 5997 9790 Leanne.Duff@KRHS.net.au**

