

Your responsibilities

For the best possible health outcome, the Diabetes Educator will work with both you and your family and liaise with other Health Care Professionals, such as your local General Practitioner. Your privacy is treated as essential. We will work as part of your Treatment Team (in accordance with the Health Records Act Victoria 2001 and the Health Privacy Principle 1.4).

Areas we cover



Kooweerup Regional Health Service (KRHS) is a public hospital, committed to providing high quality health services to the community. KRHS is a member of the International Hospitals Health Promoting Network and Global Green and Healthy Hospitals. We have adopted a philosophy of environmental sustainability to reduce our ecological footprint and integrate consideration of the environment into all our decision making and activities.

KRHS is situated on the Traditional Lands of the Bunurong People. We pay our respects to their Elders, past and present, and the ongoing Custodianship of the Land and Water by all members of these Communities.

KRHS is proudly inclusive and supports everyone's rights to feel respected, safe, welcomed and valued.

We continually update the services we provide and invite your feedback.



Kooweerup
REGIONAL HEALTH SERVICE

**235 Rossiter Road
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email: gregorys@krhs.net.au

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Find us on 



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Diabetes Education Service



Kooweerup
REGIONAL HEALTH SERVICE

What is Diabetes Education ?

Diabetes education is a planned process that aims to help people gain the ability to live with diabetes and be as healthy as possible.

Who is a Diabetes Educator ?

A Diabetes Educator is a specially trained nurse who has experience, qualifications and advanced knowledge in the care of people with Diabetes and those at risk of Diabetes.

Who can see a Diabetes Educator ?

Any person with: Type 1 or Type 2 Diabetes / Impaired Glucose Tolerance / Impaired Fasting Glycaemia / friends, carers and partners of people with Diabetes.



Diabetes Education Service will provide:

- Individual or group education
- Ongoing education and support for people with diabetes.
- Telephone advice.
- Speaking to community groups such as schools and service clubs.
- Blood glucose meter checks and advice.
- Supply of Diabetes related equipment such as insulin pens.
- Referral to other Allied Health Professionals.
- Insulin initiation advice and support.

When should I see a Diabetes Educator ?

When you:

- are newly diagnosed with diabetes
- have been referred by your doctor
- have been diagnosed with diabetes and have not seen a Diabetes Educator for more than a year.
- are starting insulin therapy.
- need or want any information about diabetes.

What do I need to do ?

Be actively involved in your own healthcare and bring along:

- Copies of latest blood tests, such as HbA1c, Lipid, Urea and Creatinine, Urine microalbumin.
- Blood Glucose Record book.
- Blood Glucose Monitor.
- List of Current Medication.

What does it cost ?

Each visit will cost \$15.70 or \$10.20 for pensioners and Health Care card holders.

What are the service hours ?

Appointments for Diabetes Education can be made by calling Kooweerup Regional Health Service, **5997 9679**

Appointments can be made for Monday, Tuesday or Wednesday, 8.30am– 5pm.

