

KOOWEERUP REGIONAL HEALTH SERVICE

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June 21

Find us on



Cooking up a storm!

KRHS in conjunction with Cardinia Food Movement hosted an evening in the Men's Shed titled Cooking Passata with Gina.

It was a lovely night with our attendees learning a lot from our very knowledgeable cook and volunteer Gina Buccheri who invited everyone to have a turn helping to make the finished product. We then served it with a delicious Eggplant Parmigiana from a recipe provided by local growers Maria and Maurie Caffra who also attended on the night and helped by providing information on what's in season and what to do with the products as well as very kindly donating some eggplants and other produce. Maria also gave a hand cooking and it was great to hear both her and Gina swap stories about cooking and their Italian heritage. Thanks to everyone involved for helping make it such a fun night.



Thank-you Craft Quarters!

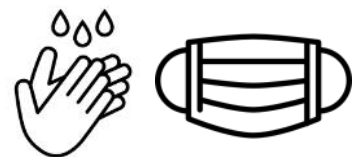
A big shout-out to Diane and Lynne (pictured right) and the Ladies from Craft Quarters Koo Wee Rup who generously donated over 20 quilts to KRHS, our residents were overjoyed to receive such beautiful gifts.

Some are lap blankets which are great to use while sitting in a chair or out and about in a wheelchair. Others were a bit larger to put over the beds. We even thought a couple could be hung on the walls to bring joy to everyone as they really are works of art.

Thank-you all very much!

If anyone has any scraps of fabric to donate to Craft Quarters they will be gratefully accepted, 140-146 Main St Koo Wee Rup

COVID19 Update: Victoria commenced circuit breaker restrictions from 11:59pm 27 May 2021. These settings will remain in place until 11:59pm on 3 June 2021. Stay home, get tested if you have any symptoms no matter how mild and when you can get vaccinated, follow these links for more information: [KRHS Covid Information](#). [DHHS Victoria](#)



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We provide a range of centre and community based services: Acute Care, Early Parenting Unit, Transitional Care Program, Respite and Residential Aged Care, Community Health, District Nurses, Home Care, Pathology and Allied Health for example: Physiotherapy, Occupational Therapy and Social work. There is also Specialist Medical Services such as Cardiology, Podiatry and a Diabetes Clinic. KRHS is a member of the 'International Health Promoting Hospitals Network' and 'Global Green and Healthy Hospitals'.

Please visit our website for the latest information on KRHS and Covid restrictions