

# We're here for you

## Home Care Information



Towards a Healthier Community



**Kooweerup**  
REGIONAL HEALTH SERVICE

# Welcome to Kooweerup Regional Health Service (KRHS)

## Your Approved Local Home Care Service.

Kooweerup Regional Health Service (KRHS) cares about you, your family, your friends.

Most of us don't want to think about needing support when we get older, some people find it hard to accept they may need help, but it's important to know what your options are.

With the introduction in February 2017 of the Commonwealth Home Care Packages in Victoria for clients 65 years and older, or 50 and over for Aboriginal and Torres Strait Islanders, we are proud to announce that we are an **'Approved Commonwealth Home Care Provider'**, helping you or a loved one choose the way you want to live.

## We are here for you.

Getting the right support can make all the difference, enabling you to stay safe and be independent. KRHS fosters trust, choice and flexibility, to ensure all our residents and clients experience the best service available.



**Frank Megens**  
*Chief Executive Officer*



**Aileen Thoms**  
*Manager Health Promotion,  
Community & Allied Health*

KRHS is a public hospital with a reputation for excellence since 1921.

We offer highly qualified, experienced Registered Nurses and Allied Health Professionals.

KRHS has speciality areas in Social Work, Occupational Therapy, Physiotherapy, Diabetic Education, Dietitian, Palliative Care, Respite and Health Promotion.

A Home Care Package gives you more options to live independently. It is a personalised coordinated, ongoing package that allows you to choose the way you want to live.

You, your family or carers understand your needs and goals best, we want you to feel cared for and supported every step of the way, 7 days a week.

We are here for you.

Call today and see how we can make a difference in your life.

Kind regards,

***Dorothy McKay***

your Local Home Care Advisor.

Kooweerup Regional Health Service.

Please contact us on 5997 9686

and ask your Home Care Service for further information.



**David Ramsay**  
*Director of Nursing*



**Dorothy McKay**  
*Home Care Advisor*



## What to think about when considering home care

Most of us don't want to think about needing support, but it's important to recognise when help at home is needed.

This checklist may be helpful to complete when discussing home care services.

Have you noticed any of the following?

- Recent falls
- Weight loss
- Incontinence
- Unexplained injuries
- Poor diet
- Forgetfulness
- Confusion
- Change in mood
- Decline in personal hygiene
- Housework unattended
- Food going stale
- Bills not being paid
- Missed appointments
- Forgetting medication

Other concerns:

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## How to apply for a Government Funded Package

You've noticed that home care assistance is required for yourself, a loved one or a friend

Contact the Care Advisor at KRHS 5997 9686 or call My Aged Care (MAC) on 1800 200 422

An assessment of your care needs will be arranged by the Aged Care Assessment Service (ACAS) in your home

Your assessment will determine your care needs and will be confirmed in writing to you by My Aged Care (MAC)

When you receive your MAC Letter, call your Care Advisor - 5997 9686, the next steps will be explained to you

When you are assigned a package, your Care Advisor will visit you at your home and help you with your service plan

Start receiving your home care services



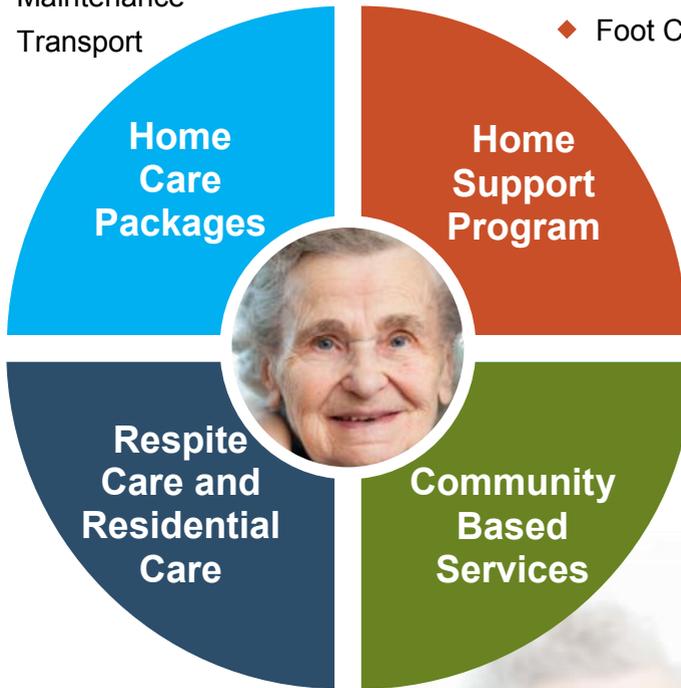
*These steps may take some time to complete*



## Our Services

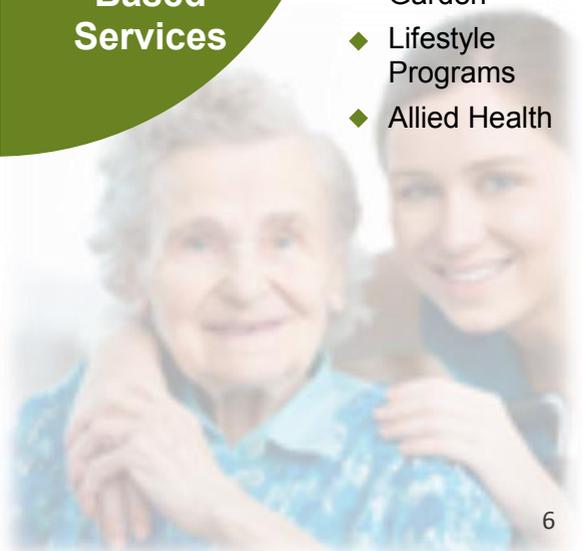
- ◆ Nursing
- ◆ Domestic/Personal Care
- ◆ Physio, Occupational Therapy, Dietetics (Allied Health)
- ◆ Gardening
- ◆ Maintenance
- ◆ Transport

- ◆ Nursing
- ◆ Allied Health
- ◆ Palliative Care
- ◆ Hospital at Home
- ◆ Post Surgical Support
- ◆ Wound Care
- ◆ Personal Care
- ◆ Continence Support
- ◆ Foot Care



- ◆ Respite Care Support
- ◆ Transitional Care
- ◆ Lifestyle Programs
- ◆ Allied Health
- ◆ Social Worker Support

- ◆ Men's Shed
- ◆ Health Promotion
- ◆ Community Garden
- ◆ Lifestyle Programs
- ◆ Allied Health





## Before you choose a provider, make sure they tick all the right boxes

- Is the service Government Approved to provide Home Care Packages ?
- Are they a private provider ?
- Is the agency industry accredited ?
- Do they service my area ?
- What services do they offer ?
- Are all the staff qualified ?
- Do all the staff have police and working with children checks ?
- Can I choose male or female staff ?
- What are the hourly rates ?
- What is the minimum shift length ?
- What is the administration fee ?
- What is the case management fee?
- Is there an exiting fee if I change my mind ?

Notes:

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Kooweerup Regional Health Service  
is a public hospital, committed to  
providing high quality health services  
to the community.

KRHS is a member of the International  
Hospitals Health Promoting Network and  
Global Green and Healthy Hospitals.

We have adopted a philosophy of  
environmental sustainability to  
reduce our ecological footprint and  
integrate consideration of the  
environment into all our  
decision making and activities.

We continually update the services we  
provide and invite your feedback.



**Kooweerup**  
REGIONAL HEALTH SERVICE

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**phone: 5997 9679**

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**website:  
[www.kooweeruphospital.net.au](http://www.kooweeruphospital.net.au)**

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