

KOOWEERUP REGIONAL HEALTH SERVICE



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June
2017

KRHS is a small 72 bed Public Hospital Servicing outer South East Melbourne and adjacent rural areas. We provide a range of centre and community based services: Acute Care, Early Parenting Unit, Transitional Care Program, Respite and Residential Aged Care, Community Health, District Nurses, Pathology and Allied Health for example: Physiotherapy, Occupational Therapy and Social work. There is also Specialist Medical Services such as Cardiology, a Podiatrist and Diabetes Clinic. KRHS is a member of the 'International Health Promoting Hospitals Network' and 'Global Green and Healthy Hospitals'.



Thank-you to our Volunteers

We welcomed over 30 existing and potentially new volunteers to a wonderful morning tea at the Cora Lynn Cheese Factory, as a token of our appreciation of the time that volunteers gift KRHS each week.

The Give Happy, Live Happy theme for Volunteering Week advocates the simple gesture of giving your time and skills to help others. Our theme of the "gift of time" very much aligns with this.

The event gave our existing volunteers an opportunity to bring a friend who was interested in volunteering at KRHS. We were privileged to have Frank Megens, our CEO, who enlightened us with facts about volunteering and guest speaker Rhonda McDonald. Rhonda is a dance instructor who has taken an interest in personal and spiritual growth as a Life Coach and studying Holistic Counselling.

She gave a wonderful presentation with words and thought provoking messages that resonated with us all in many different ways.

If you are interested in becoming a KRHS volunteer we would love to hear from you, please call Maria Canty our Volunteer Coordinator and have a chat. 5997 9792



Biggest Morning Tea

An "awesome" day was had at the KRHS Biggest Morning Tea.

Staff, residents and guests all enjoyed the fabulous food and entertainment.

Thank-you to the band Takin Time for donating their fee to the cause.

A whopping \$1,135.35 was raised to help fight cancer, congratulations and a big thank-you to everyone involved.

Home Care Support

KRHS can help you every step of the way. Our experienced Care Advisors will give you the support you need and help you live as independently as possible in your own home.

We are committed to help you obtain high quality, reliable care with flexible times that suit you,

7 days a week.
KRHS is government approved to provide home care packages
call: 5997 9686



Tai Chi classes are run every Thursday at 1.00pm for 20 minutes in the Hewitt Eco House Community Room. It's free and everyone is welcome to join in.

Our volunteer program is expanding to take in a variety of opportunities, including: administration, auditing, Consumer Advisory Committee involvement and gardening. Please feel free to call Maria Canty to discuss further on 5997 9792 (Wed & Thurs).

